

SETUP

BREAKFAST

SETUP BREAKFAST for 2

87 ₺

Fried Organic 2 Egg, An Assortment Of Turkish Cheeses, Marinated Olives, Spicy Homemade Paste, Fresh Tomato & Cucumber With Basil, Jam, Honey, Cream, Butter, Tahini & Molasses, Peanut Butter, Yogurt with Fruit, Scone Filled with Cheese, Turkish Bagel, Sourdough Bread and Tea

MINI BREAKFAST

49 ₺

Fried Organic Egg, An Assortment Of Turkish Cheeses, Marinated Olives, Spicy Homemade Paste, Fresh Tomato & Cucumber With Basil, Peanut Butter, Cream & Jam, Honey, Scone Filled with Feta Cheese, Turkish Bagel, Sourdough Bread and Tea

SİMİT BREAKFAST Turkish Bagel

31 ₺

Boiled Organic Egg, Ezine Cheese with Black Seed, Marinated Olives, Avocado, Fresh Tomato, Cucumber With Basil, Simit and Tea

BREAKFAST SALAD

36 ₺

Boiled organic 2 egg, Tomato, Cucumber, Parsley, Fresh Mint, Fresh Thyme, Celery Stalk, Dried Tomato, Pumpkin Seed, Grilled Olives, Avocado, Curd or Ezine Cheese, Black Seed, Linseed, Walnuts, Cold Press Olive Oil and Lemon Sauce

EGGS BENEDICT

34 ₺

Toasted Sourdough Bread, Bacon, Avocado, Poached Organic Eggs, Hollandaise Sauce, Chives and Fresh Greens

EGGS BENEDICT WITH SMOKED SALMON

38 ₺

SİMİT TOAST WITH CHEESE

29 ₺

Toasted Simit (Turkish Bagel), Filled with Melted Cheese and Cheddar Cheese with Fresh Greens

SETUP SİMİT TOAST

34 ₺

Toasted Simit (Turkish Bagel) Filled with Soujouk, Melted Cheese and Fried Egg with Fresh Greens

EKSTRA LAR

Soujouk (60 gr)

16 ₺

Dry Meat

20 ₺

Ezine Cheese

7 ₺

Aged Casseri Cheese

9 ₺

Çeçil Cheese

7 ₺

Goat Curd Cheese

6 ₺

Organic Egg

4 ₺

Olive

6 ₺

Nutella

6 ₺

Cream & Honey

14 ₺

Tahini & Molasses

14 ₺

Spicy Paste

4 ₺

Avocado

12 ₺

Homemade Peanut Butter

9 ₺

Tomato, Cucumber, Green Pepper

10 ₺

Homemade Scone filled

5 ₺

with feta cheese

Protein Tozu (30 g) WHEY / Chocolate-Sugar Free

12 ₺

GETUP

FLAVOURS ON SOURDOUGH BREAD

Toasted Sourdough Bread, Avocado Pure, Bresaola and Poached Egg	41 ㄱ
Toasted Sourdough Bread, Avocado Pure, Curd and Fried Egg	32 ㄱ
Toasted Sourdough Bread, Scrambled Egg, Mushroom, Avocado Pure	29 ㄱ
Toasted Sourdough Bread, Fried Aubergines in Tomato Garlic Sauce, Scrambled Egg, Grater Chees	32 ㄱ

EGG / OMLETTE / MENEMEN with 2 organic egg

Fresh Greens & Tomato

Plain Omllette	18 ㄱ	Sunny side up egg with Sujouk	30 ㄱ
Omllette with cheese	21 ㄱ	Sunny side up egg with Roasted Beef	30 ㄱ
Omllette with Mushroom	21 ㄱ	Menemen	20 ㄱ
Omllette with Ueggies	21 ㄱ	<i>Turkish style scrambled egg with tomatoes, green pepper</i>	
Sunny side up egg with Cheese	21 ㄱ	Menemen with Cheese	23 ㄱ
Sunny side up egg with Mushroom	21 ㄱ	Menemen with Soujouk	30 ㄱ

SPANISH OMLETTE

32 ㄱ

Scrambled 2 Organic Eggs with Fried Potatoes, Caramelized Onion, Parsley and Cheese

FIT POTATO KALONJI OMLET

with organic eggs

42 ㄱ

200 g Boiled Potatoes, 1 whole - 4 egg whites, with Coconut oil

FIT OMLETTE

with organic eggs

39 ㄱ

1 Egg Yolk + 4 Egg White, Goat Curd, Olive, Parsley with Avocado, Fresh Greens

FLATBREAD (GÖZLEME)

Potato Filled Flatbread, Fresh Greens	23 ㄱ
Cheese Filled Flatbread, Fresh Greens	23 ㄱ
Minced Filled Flatbread, Fresh Greens	29 ㄱ

TOAST I

40 ㄱ

Toasted Sourdough Bread with Melted Cheese, Mini Mozzarella, Roasted Meat, Pickled Peppers

TOAST II

34 ㄱ

Toasted Sourdough Bread with Smoked Turkey Breast, Melted Cheese, Home Made Spicy Paste, Olive Paste, Jalapeno

TOAST III

34 ㄱ

Toasted Sourdough Bread with Halloumi Cheese, Tomato, Fresh Basil, Pesto Sauce

SWEETS

Porridge

32 ㄱ

Gluten Free Oat (Cooked Water or Milk), Fresh Fruits, Chia, Cinnamon, Almond

+Protein Tozu *Fit* (30 g) WHEY / Chocolate-Sugar Free

12 ㄱ

Homemade Super Granola with Coconut Milk

36 ㄱ

Homemade Super Granola with Yogurt and Fresh Fruit

32 ㄱ

Pancake with Nutella, Banana, Strawberry

26 ㄱ

Gluten Free Pancake with Peanut Butter, Banana, Honey

29 ㄱ

+Protein Tozu *Fit* (30 g) WHEY / Chocolate-Sugar Free

12 ㄱ

Croissant Filled with Nutella, Banana, Powdered Pistachios

28 ㄱ

GETUP

STARTERS / SNACKS

Cold Buttermilk Soup	18 ๕
Minestrone Soup	20 ๕
BURRATA	64 ๕
<i>Arugula, Cherry Tomato, Balsamic Glaze</i>	
BEEF CARPACCIO	51 ๕
<i>Arugula, Parmesan, Balsamic Glaze, Olive Oil & Lemon Viniegrete</i>	
SHRIMP TEMPURA	69 ๕
<i>Spicy Aioli, Sauce</i>	
BRUSCHETTA WITH TOMATO	24 ๕
<i>Sourdough Bread, Garlic, Tomato, Basil, Olive</i>	
FALAFEL <i>Gluten Free</i>	29 ๕
<i>Tzatsiki, Powdered Red Pepper</i>	
GLUTEN FREE SQUASH PATTIES	29 ๕
<i>Tzatsiki</i>	
PASTRY	34 ๕
<i>Pastrami and Parmesan Cheese</i>	
ORGANIC CRISPY CHICKEN	38 ๕
<i>Fried Chicken Breast, French Fries, Aioli Sauce</i>	
PAZI WRAPPING	38 ๕
<i>Pazi Filled with Rice & Minced Beef (Local Food) & Buffalo Yogurt & Fresh Greens</i>	
GUACAMOLE	34 ๕
<i>Avocado, Tomato, Lime, Coriander and Chips</i>	
HUMMUS	32 ๕
<i>Roasted Sunflower Seeds, Spicy Crispy Bread</i>	
BEEF NACHOS	51 ๕
<i>Beef Trimmings, Cheddar Cheese, Salsa, Jalapeno, Guacamole, Fresh Cream, Coriander</i>	
SPICY MINI MEATBALLS	34 ๕
<i>Mini Meatball with Spicy Tomato Sauce on French Fries</i>	
HALLOUMI CHEESE CROQUET	34 ๕
CHEESE & CHARCUTERIE PLATE	82 ๕
<i>Kars Gravy Cheese, Roquefort Cheese, Parmesan, Tulum Cheese, Dry Meat, Bresaola, Walnut Fresh Fruit, Grilled Olive, Onion Chutney, Grissini, Spicy Crispy Bread</i>	
WATERMELON & EZINE CHEESE <i>Toasted Sourdough Bread with Butter</i>	29 ๕
MELON, BRESAOLA, ROQUEFORT CHEESE	54 ๕
OLIVE OIL PLATE OF THE DAY	24 ๕
YOGURT & MIXED FRIES UEGGIES with TOMATO SAUCE	26 ๕
HOME MADE POTATO CHIPS <i>Parsley, Garlic, Lemon Sauce</i>	24 ๕

GETUP

SALATA & BOWL

TUNA FISH & MEXICAN BEANS SALAD *Fit* 54 老

120 g Tuna Fish, Mexican Beans, Avocado 1/2, Spicy Mexican Pepper, Pumpkin Seeds, Dily Lettuce, Purple Cabbage, Lemon & Olive Oil Sauce

CEREAL SALAD 42 老

Quinoa, Wheat, Belluga Lentil, Green Lentil, Arugula, Lettuce, Cherry Tomato, Orange, Cold Press Olive Oil and Lemon Sauce

MEDITERRANEAN SALAD 39 老

Fresh Greens, Cherry Tomato, Radish, Cucumber, Ezine Cheese, Viniegrette

PURSLANE SALAD 39 老

Sour Yogurt, Almond, Grilled Eggplant, Cherry Tomato, Cold Press Olive Oil, Lemon Sauce

GOAT CHEESE SALAD 32 老

Fried Goat Cheese, Beetroot, Spinach, Lettuce, Cherry Tomato, Roasted Nuts

CHICKEN BOWL *Cage-Free Chicken* 46 老

Grilled Chicken Breast (120 gr), Lettuce, Cherry Tomato, Bulghur, Brioche, Sezar Sauce

SALMON BOWL 59 老

Grilled Salmon (130 gr), Seasonal Greens, Cherry Tomato, Avocado, Quinoa, Honey & Mustard Sauce

BEEF BOWL 59 老

Grilled Sliced Beef (130 gr), Arugula, Lettuce, Wheat, Cherry Tomato, Balsamic Sau

SETUP

BURGERS

MINI BURGER 2 pieces 38 €

Minced Beef, Caramelized Onion, Cheddar Cheese, Pickle & French Fries

BEEF BURGER 59 €

Minced Beef, Caramelized Onion, Cucumber Pickle, Lettuce, Aioli Sauce & French Fries

SETUP BURGER 62 €

Minced Beef, Caramelized Onion, Mushroom, Cheddar Cheese, Cucumber Pickle, Aioli Sauce & French Fries

CHICKEN SCHNITZEL BURGER *Cage-Free Chicken* 48 €

Mustard, Spicy Aioli, Lettuce, Cucumber Pickle

MEATBALLS & HUMMUS BURRITO 48 €

Grilled Meatballs, Hummus, Mexican Beans, Tomato and Parsley, Jalapeno, Chipotle Sauce

PASTA / RISOTTO

SPAGHETTI BOLOGNESE 46 €

Bolognese Sauce, Parmesan, Parsley

ZUCCHINI SPAGHETTI with BOLOGNESE *fit* 48 €

Bolognese Sauce, 150 g Ground Beef, 50 g Rice Spaghetti, Pumpkin, Pumpkin Seeds

+50 g Minced Beef 10 €

+25 g Rice Spagetti 8,5 €

PASTA ALLA SICILIANA 48 €

Mini Mozzarella, Tomato Sauce, Fried Eggplant, Fried Cherry Tomato, Parmesan, Basil and Arugula

TAGLIATELLE WITH CHICKEN AND MUSHROOM *Cage-Free Chicken* 46 €

Chicken, Mushroom, Basil, Parmesan, Veloute Sauce

SPICY PENNE 38 €

Olive, Basil, Parsley, Parmesan and Spicy Tomato Sauce

SEAFOOD LINGUINE 59 €

Calamari, Hirimp, Mussel, Spicy Tomato Sauce, Garlic, Parsley

MUSHROOM RISOTTO 48 €

Mixed Mushrooms, Truffle Oil, Fresh Thyme

HOMEMADE TURKISH RAVIOLI 38 €

Turkish Ravioli Filled with Minced Meat and Served with Yogurt

HOMEMADE TURKISH SPINACH RAVIOLI 38 €

Spinach Dough Filled With Minced Meet, Served with Yogurt and Spicy Butter Sauce

GETUP

MAIN COURSES

GRILLED TURKEY BREAST <i>Fit</i>	54 老
<i>Marinated Turkey Breast with Fresh Spices (200g), Turmeric Rice Spaghetti with Coconut Oil, Green Salad</i>	
GRILLED TURKEY BALLS <i>Gluten Free</i>	42 老
<i>Spicy Spinach Saute, Coconut Oil-Turmeric Rice Spaghetti</i>	
GRILLED SALMON (130 gr)	72 老
<i>Wheat, Red and Yellow Pepper, Fennel, Coriander</i>	
GRILLED CHICKEN DRUMSTICK <i>Cage-Free Chicken</i>	62 老
<i>Sauteed Spinach Root, Aioli with Grain Mustard, Naturel Chicken Sauce</i>	
CHICKEN SCHNITZEL <i>Cage-Free Chicken</i>	52 老
<i>Potato Salad, Cherry Tomato, Fresh Greens, Grilled Lemon</i>	
TURMERIC CHICKEN RICE <i>Cage-Free Chicken Fit</i>	54 老
<i>200 gr Chicken, Coconut Oil, Turmeric Rice with Spinach roots, 50 g (dry) boiled basmati rice</i>	
GRILLED STEAK (200 g)	78 老
<i>Mashed Potatoes, Grilled Oyster Mushrooms, Naturel Bone Sauce</i>	
GRILLED VEAL CUTLET	72 老
<i>Baked Fresh Spicy Potatoes, Rocket Salad, Balsamic Glaze</i>	
HOMEMADE GRILLED MEATBALLS	52 老
<i>Grilled Eggplant-Pepper, Toasted Bread with Sauce, Parsley Salad with Sumac</i>	

SIDE ORDERS

Ground beef	12 老
Smoked salmon	26 老
Salmon Fillet	39 老
Turmeric Rice Spaghetti with Coconut Oil 50 g (dry)	22 老
Zucchini Spaghetti 350 g	22 老
Baked Fresh Potato	17 老
Spicy Fried Potato <i>Plain / Truffle</i>	14 老 / 17 老
Sauteed Mushroom	17 老
Quinia	20 老
Pea & Buckwheat	16 老
Steamed Basmati Rice	15 老
Buffalo Yogurt	18 老
Tzatsiki	16 老
Baked Ueggies	18 老
Olive Oil Dishes of the Day	20 老
Potato Gratin	20 老

GETUP

DESSERTS

CHOCOLATE SUFFLE 29 元

With Vanilla Ice Cream

SAN SEBASTIAN CHEESECAKE 29 元

STRAWBERRY TART 29 元

TIRAMISU 29 元

CHOCOLATE CAKE WITHOUT FLOUR & SUGAR *Fit* 29 元

HOME MADE PROTEIN ICE CREAM *Fit* 34 元

Banana, Protein Powder, Coconut Milk, Homemade Peanut Butter

FRESH FRUIT DISH 27 元

Seasonal Fruits with Chia, Roasted Almond

WATERMELON & MELON 24 元

SETUP

SETUP COCKTAILS

- SEUILLA** *bitter, fresh* **New** 75 ๕
Tanqueray Sevilla Gin, Grapefruit Juice, Passion Puree, Lemon Juice, Simple Syrup
- METAPHOR** *fruity, fresh* **New** 70 ๕
Olmecca Tequila, Pineapple puree, Cilantro, Lemon Juice, Simple Syrup
- SWEETNESS** *spicy, fresh* **New** 70 ๕
Captain Morgan Spiced Gold, Galliano Vanilla, Simple Syrup, Lemon Juice, Red Pepper
- MYSTIC** *aromatic, bitter* 65 ๕
Gordons Gin (infused with sage), Skinos, Lemon Juice, Simple Syrup, Egg white or Aquafaba
- IRONIC** *bitter, sour* 65 ๕
Captain Morgan White Rom, Aperol, Campari, Lemon Juice, Simple Syrup
- CURRENT DREAM** *fresh, sweet* **New** 65 ๕
Smirnoff Vodka, Orange Liqueur, Lemon Juice, Simple Syrup, Red Currant, Thyme
- COROMANDEL** *fruity, fresh* **New** 65 ๕
Smirnoff Vodka, Kiwi-Basil puree, Lemon Juice, Simple Syrup

CLASSIC COCKTAILS

- FRENCH** 75 ๕
Gordons Gin, Lemon Juice, Simple Syrup, Champagne
- NEGRONI** 70 ๕
Gin, Campari, Sweet Vermouth
- APEROL SPRITZ** 70 ๕
Aperol, Soda, Sparkling Wine
- HEMINGWAY DAIQUIRI** 65 ๕
Captain Morgan White Rom, Maraschino Liqueur, Lime Juice, Grapefruit Juice, Simple Syrup
- MARGARITA** 65 ๕
Olmecca Tequila, Orange Liqueur, Lemon Juice
- BLOODY MARY** 65 ๕
Smirnoff Vodka, Tomato Juice, Lemon Juice, Himalayan Salt, Black Pepper, Tabasco, Angostura Bitter, Worcestershire, Celery

If you have any allergies please don't forget to tell us.

SETUP

COLD DRINKS

Homemade Ice Tea	20 ₺
Homemade Cold Green Tea	20 ₺
Setup Lemonade	20 ₺
Setup Metabolism <i>Cinnamon, Turmeric, Organic Vinegar, Ginger Lemon, Paprika</i>	15 ₺
Breakfast Smoothie <i>Banana, Peanut Butter, Oats, Cinnamon and Soy Milk</i>	28 ₺
Setup Green <i>Celery Stalk, Spinach, Cucumber, Chard, Lemon, Ginger, Green Apple, Flax Seed, Fresh Mint</i>	25 ₺
Red Detox <i>Beet, Carrot, Green Apple</i>	25 ₺
Auokado Detox <i>Avocado, Spinach, Arugula, Green Apple, Lemon</i>	25 ₺
Orange Mix <i>Orange, Grapefruit</i>	25 ₺
Orange juice / Grapefruit / Carrot	16 / 16 / 18 ₺
Ice Americano	18 ₺
Ice Latte	18 ₺
Cold Brew	20 ₺

f o l l o w # s e t u p y o u r m o o d

Instagram: @setupkabatas
www.istanbulsetup.com

GETUP

RED WINES

Uersus Alpagut Öküzgözü	330 ₺
Uersus Dedeçeşme Blend	330 ₺
Uersus Syrah-Viognier	330 ₺
Uersus Cabernet Franc	330 ₺
Ruffino Chianti	315 ₺
Chateau Bel Air	320 ₺
Uintage Öküzgözü	300 ₺
Uintage Boğazkere	300 ₺
Uintage Merlot	300 ₺
Uintage Shiraz	50 / 300 ₺
Uintage Cabernet Sauvignon	300 ₺
Echo Falls Merlot	235 ₺
Echo Falls Cabernet Sauvignon	235 ₺
Amatore Rosso Verona	225 ₺
Buzbağ Rezeru	270 ₺
Primasole Primitivo	190 ₺
Terra Cabernet Sauvignon-Merlot	37 / 180 ₺
Terra Boğazkere	180 ₺
Terra Öküzgözü	180 ₺
Terra Öküzgözü-Boğazkere	180 ₺
Terra Kalecik Karası	180 ₺
Terra Shiraz	180 ₺
Leona Merlot-Kalecik Karası	155 ₺
Leona Shiraz Öküzgözü	30 / 155 ₺
Terre Allegre Sangiovese	30 / 150 ₺

WHITE WINES

Uersus Chardonnay-Viognier	330 ₺
Uintage Sauvignon Blanc	275 ₺
Uintage Chardonnay	315 ₺
Uintage Narince	275 ₺
Echo Falls Chardonnay	255 ₺
Allure Crispy Chardonnay	40 / 190 ₺
Allure Sauvignon Blanc	37 / 180 ₺
Terra Narince	180 ₺
Terra Sauvignon Blanc-Chardonnay	180 ₺
Cielo Pinot Grigio	35 / 170 ₺
Leona Bloom	155 ₺
Leona Narince Chardonnay	30 / 155 ₺

ROSE / BLUSH

Ruffino Prosecco	420 ₺
Cameo D'oro	55 / 270 ₺
Leona Bubble Frizzante	200 ₺

SPARKLING WINES

Uintage Öküzgözü Roze	300 ₺
Echo Falls White Zinfandel	255 ₺
Allure Beyaz Kalecik Karası	40 / 190 ₺
Terra Kalecik Karası Roze	180 ₺
Leona Blush	30 / 155 ₺
Cielo Pinot Grigio Blush	35 / 170 ₺

GETUP

BIRA

Tuborg Malt 33cl	26 ㄱ	Weihenstephaner	30 ㄱ
Tuborg Filtresiz 50 cl	28 ㄱ	Sol	33 ㄱ
Carlsberg	28 ㄱ	Frederic	33 ㄱ
Blanc	30 ㄱ	Leffe	33 ㄱ
Guinness	33 ㄱ	Mikkeller	60 ㄱ

LIQUEUR

Archers	55 ㄱ	Sambuca	55 ㄱ
Baileys	55 ㄱ	Jagermeister	55 ㄱ
Safari	55 ㄱ	Malibu	55 ㄱ
Cointreau	55 ㄱ	Martini Rosso	55 ㄱ
Kahlua	55 ㄱ	Southern Comfort	55 ㄱ
Ameretto	55 ㄱ	Martini Dry	55 ㄱ
Cadinal Melon	55 ㄱ	Martini Bianco	55 ㄱ
Campari	55 ㄱ		

WHISKEY

J&B	55 ㄱ	Dimple Golden Selection	65 ㄱ
J.W. Red Label	60 ㄱ	Singleton	70 ㄱ
J.W. Black Label	70 ㄱ	Cardhu	70 ㄱ
J.W. Double Black	75 ㄱ	Oban	95 ㄱ
J.W. Gold Label	80 ㄱ	Talisker	90 ㄱ
J.W. Green Label	85 ㄱ	Lagavulin	100 ㄱ
J.W. 18	90 ㄱ	Bulleit Bourbon	85 ㄱ

VOODKA

Smirnoff Red	60 ㄱ	Stolichnaya Elit	75 ㄱ
Smirnoff Green Apple	60 ㄱ	Ketel One	75 ㄱ
Smirnoff North	60 ㄱ	Grey Goose	85 ㄱ
Smirnoff Espresso	60 ㄱ	Belvedere	85 ㄱ

GIN

Gordon's Dry	60 ㄱ	Tanqueray Dry	65 ㄱ
Gordon's Pink	60 ㄱ	Tanqueray Sevilla	70 ㄱ
Hendrick's	85 ㄱ	Tanqueray No.10	75 ㄱ

ROM - TEQUILA

Zacapa 23 rom	90 ㄱ	Captain Morgan White	60 ㄱ
Don Julio Blanco	95 ㄱ	Captain Morgan Gold	60 ㄱ

GETUP

HOT DRINKS

Espresso	12 ₺
Double Espresso	16 ₺
Macchiato	13 ₺
Americano	17 ₺
Cafe Latte	17 ₺
Cappucino	17 ₺
Filter Coffee	16 ₺
Ketogenik Kahve <i>With Coconut oil</i>	18 ₺
Turkish Coffee	10 ₺
Hot Chocolate	18 ₺
Cashew Milk with Cocoa	21 ₺
Brewed Tea	5 ₺
Brewed Cup Tea	8 ₺
Sage Tea	18 ₺
Green Tea	18 ₺
Melissa Tea	18 ₺
Linden Tea	18 ₺
Melez Tea <i>Beauty, Spice, Boost, Pure, Happy, Mystic, Wakeup, Refresh</i>	20 ₺

COLD DRINKS

Ayran	10 ₺
Ayran <i>Cucumber & Fresh Mint</i>	12 ₺
Home Made Günger Soda	14 ₺
Soda	7 ₺
Soda Premium	9 ₺
Coca Cola	12 ₺
Coca Cola <i>Light</i>	12 ₺
Coca Cola <i>Zero</i>	12 ₺
Uludağ Gazoz	9 ₺
Uludağ Gazoz <i>Light</i>	9 ₺
Water <i>little</i>	6 ₺
Water <i>big</i>	11 ₺